

# Physical Education

## PHYSICAL EDUCATION DEPARTMENT

Head of Department: Mrs N Pardy

**Why choose the subject?** This course will appeal to anyone who has an ACTIVE interest in sport. It is a suitable course for careers such as Physiotherapy, Sports Centre/Leisure Industry, PE Teaching, Professional Sports Coaching, Armed Forces, Police, Nursing, etc.

This A level is accepted as a qualifying A level by all universities.

**Who is eligible?**

It is ESSENTIAL that you are COMPETING AND TRAINING in your chosen sport at club, county or above level, have a commitment to academic study and have the ability to express yourself fluently on paper. It is imperative that you should be enthusiastic and interested in sport. A minimum of Mathematics, PE and Science at GCSE (grade 6 - 9) is necessary.

### A LEVEL QUALIFICATION

Year 2019/21 Advanced Level Award Examination Board: Edexcel	<b>Component 1:</b>	<b>Scientific Principles of Physical Education</b>  Topic 1: Applied anatomy and physiology Topic 2: Exercise physiology and applied movement analysis  Biomechanics is embedded within the content of Topics 1 and 2.  Written examination: 2 hours and 30 minutes 40% of the qualification 140 marks
	<b>Component 2:</b>	<b>Psychological and Social Principles of Physical Education</b>  Topic 3: Skill acquisition Topic 4: Sport psychology Topic 5: Sport and society  Written examination: 2 hours 30% of the qualification 100 marks
	<b>Component 3:</b>	<b>Practical Performance</b>  Skills performed in one physical activity as a player/performer OR Skills performed in one physical activity as a coach  Non-examined assessment: internally assessed, externally moderated. 15% of the qualification 40 marks

	<p>Component 4:</p> <p>Performance Analysis and Performance Development Programme</p> <p>Topic 1: Applied anatomy and physiology Topic 2: Exercise physiology and applied movement analysis Topic 3: Skill acquisition Topic 4: Sport psychology Biomechanics is embedded within the content of Topics 1 and 2.</p> <p>Non-examined assessment: internally assessed, externally moderated. 15% of the qualification 40 marks</p>
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### AS LEVEL QUALIFICATION

Year 2019/20 Advanced Subsidiary Award Examination Board: Edexcel	<p>Component 1:</p> <p>Scientific Principles of Physical Education</p> <p>Topic 1: Applied anatomy and physiology Topic 2: Exercise physiology and applied movement analysis Biomechanics is embedded within the content of Topics 1 and 2.</p> <p>Written examination: 1 hour and 45 minutes 40% of the qualification 90 marks</p>
	<p>Component 2:</p> <p>Psychological and Social Principles of Physical Education</p> <p>Topic 3: Skill acquisition Topic 4: Sport psychology Topic 5: Sport and society</p> <p>Written examination: 1 hour and 15 minutes 30% of the qualification 60 marks</p>
	<p>Component 3:</p> <p>Practical Performance</p> <p>Skills performed in one physical activity as a player/performer OR Skills performed in one physical activity as a coach</p> <p>Non-examined assessment: internally assessed, externally moderated. 15% of the qualification 24 marks</p>
	<p>Component 4:</p> <p>Performance Analysis</p> <p>Topic 1: Applied anatomy and physiology Topic 2: Exercise physiology and applied movement analysis Topic 3: Skill acquisition Topic 4: Sport psychology Biomechanics is embedded within the content of Topics 1 and 2.</p> <p>Non-examined assessment: internally assessed, externally moderated. 15% of the qualification 24 marks</p>

## STUDENT VIEW

## Physical Education



A level Physical Education has taught us about the history of the Modern Olympics, the development of sport in the 20<sup>th</sup> Century as well as the physiological aspects of the demands of sport on the human body. PE consists of both coursework and theory therefore the subject involves both commitment and hard work although this pays off in the end with the high grades attained across the subject. The subject is enjoyable and has inspired us both to go on to study Physiotherapy and Sport Psychology at University.

LS and AH